



HF and Your Ejection Fraction Explained



The Ejection Fraction compares the **amount of blood in the heart**

to the

amount of blood pumped out.

The fraction or percentage helps describe how well the heart is pumping blood to the body.



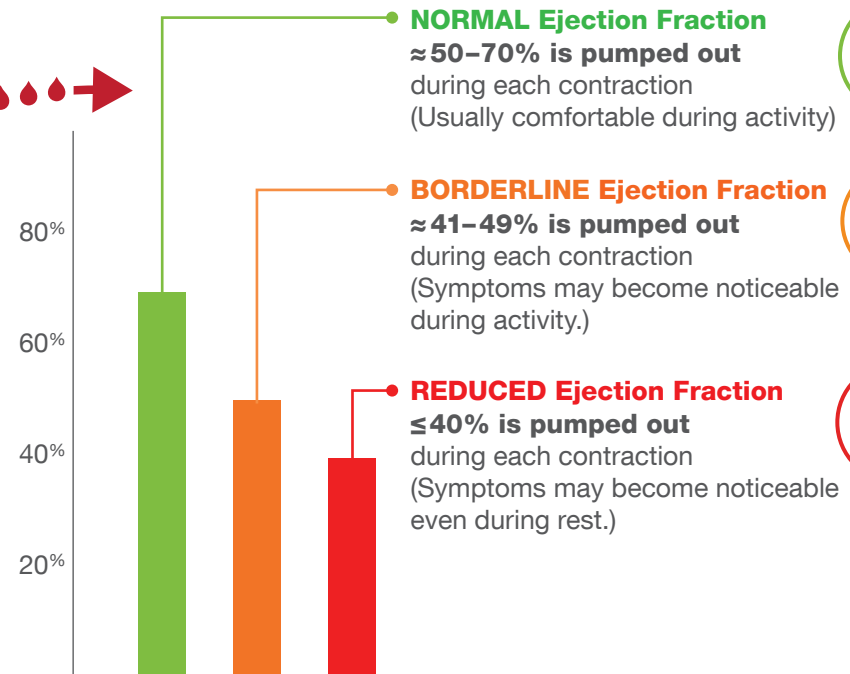
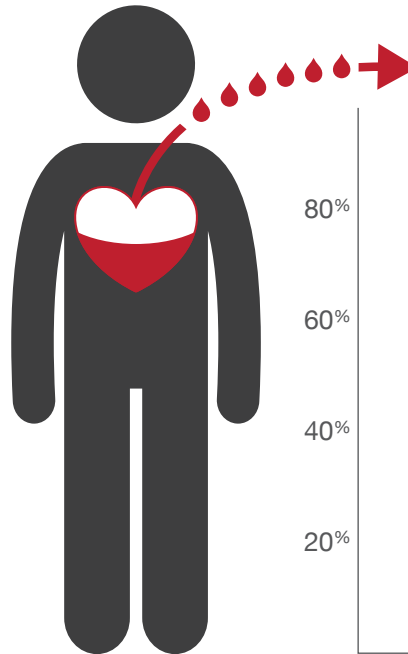
EJECTION FRACTION

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amount of blood pumped out

amount of blood in chamber

How much blood is pumped out?



It is also possible to have a diagnosis of heart failure with a seemingly normal (or *preserved*) ejection fraction of greater than or equal to 50%.



With the proper care and treatment, many patients are able to improve their ejection fraction and live a longer and healthier life. Talk with your healthcare provider about your options.